

# A network for women of **South Asian** origin.



**SNEHA, INC.**

**Sneha is a  
non-religious,  
non-sectarian  
organization.**

We work to help empower women at three levels: the individual, the community, and the larger society. We offer support to survivors of domestic violence and abuse within the growing population segment of the South Asian community.

We also provide an informal learning forum about issues such as:

- **Family stresses and crises created by lack of support structure**
- **More effective inter-generational communication**
- **Racial and gender discrimination**
- **Immigration and legal status issues of South Asian Americans in the U.S.**

We run a toll free phone line and provide information and referrals for a variety of support services (legal, counseling, medical, etc.).

## **Activities**

Sneha was founded in 1983, and was incorporated as a not-for-profit organization under IRS code 501 (C) 3, in 1998. Our volunteers speak different languages and our services extend to all South Asian women tracing their origins to Afghanistan, Bangladesh,

Bhutan, India, Nepal, Pakistan, and Sri Lanka.

- We provide 24-hour confidential helpline support and referrals for individuals in situations of crisis. We assure the highest level of confidentiality and sympathetic listening in these exchanges. We offer assistance to South Asian women of various religious and ethnic backgrounds, language groups, and nationalities.
- We organize book readings and discussions.
- We arrange for speakers and discussions on issues such as racism, domestic violence, South Asian women's health, financial planning, and inter-generational issues.
- We create innovative programs to recover South Asian women's histories and raise awareness of what women have achieved.
- We network with mainstream organizations in Connecticut including the Permanent Commission on the Status of Women, Connecticut Coalition Against Domestic Violence, and other organizations working on minority women's issues. We also work with community organizations. We are listed on the CT Info-line.

## **Membership and Structure**

Sneha supporters can join and work with board members in the following committees: Publicity and Outreach, Event Planning and Fundraising, Membership, Media and Website Management, and Client Contact and Case Management.

The Executive board plans, administers and oversees all activities. Calls for help are handled by board members alone to ensure confidentiality. Sneha supporters help plan and execute activities in co-ordination with members of the board. They also help publicize Sneha's activities. The Supporting members provide financial and other resource support.

Membership dues are \$25/year, and are due at the time of joining and annually by January of each year.

## Who should join Sneha?

**Would you like to give back and help other members of the South Asian community?**

**Do you often question how our cultural values fit in American society today?**

**Are you looking to network with people from your country of origin?**

**Are you concerned about South Asians experiencing possible discrimination in the work place, at school, and in general everyday interaction with the community?**

**If you have answered yes to one or more of these questions, we invite you to join Sneha.**

## Contact us

**Phone:**

**800-58-SNEHA (Toll free in CT)  
860-537-0795 (Other states)**

**Mailing Address:**

**Sneha, Inc.  
P.O. Box 271650  
West Hartford, CT 06127-1650**

**Website:**

**[www.sneha.org](http://www.sneha.org)**

**Email:**

**[sneha@sneha.org](mailto:sneha@sneha.org)**

The Sneha logo, designed by Sayan Ray, combines the 'S' with faces of women. The logo denotes our intertwined lives, as well as our collective ethos of serving with respect and affection.



**SNEHA, INC.**

Please complete and mail to the address along with membership dues

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

E-mail: \_\_\_\_\_

Membership dues enclosed (circle one or more):

Full Time students (over 16): \$10

Supporting Member: \$25

**Optional donation for Sneha Activities** .....

Make check payable to Sneha Inc.\*\*

Membership dues and donations can be paid by PayPal through our website [www.sneha.org](http://www.sneha.org)

Sneha is a member of United Way.

\*\*Donations to Sneha Inc. are exempt from taxes to the fullest extent allowed by laws under IRS Section 501 (C) 3.

Please check (✓) your interests and/or areas of expertise:

- Education and programs,
- Organizing lectures, discussions, book readings
- Fundraising
- Professional Services: immigration, counseling, financial, legal, medical
- Publicity/Outreach
- Webpage/Media
- Other .....

Sneha Inc. is an organization of people of South Asian origin of different nationalities, ages, religions, races, cultural backgrounds, abilities and sexual orientations. **By becoming a member of Sneha Inc., I agree to refrain from any communications and/or behaviors that are disrespectful of people of this larger community.**

(Signature).....